

Dr. Cornelius Stephens :: CV



Cornelius Stephens is a chiropractor and applied kinesiologist based just east of Atlanta in Conyers, GA. He has over 23 years of experience in the successful treatment of personal injuries related to slip & fall accidents, automobile accidents, sports-related accidents as well as common workplace accidents. As the primary treating physician at East Metro Wellness Center, Dr. Stephens uses state-of-the-art chiropractic modalities, applied kinesiology, nutritional & herbal remedies and wholistic natural healthcare education & training to help patients resolve health issues. Stephens is vigorously committed to helping others achieve and maintain balanced health by finding the “*cause*” of their health complaint — 11,000 patients successfully treated and counting.

CERTIFICATIONS

LIVE/DRY BLOOD EVALUATION [MICROSCOPIST] (2010)
pH Miracle Center | Valley Center, CA

CLINICAL KINESIOLOGY (1998)
The Bandy Clinic | Austin, TX

CHIROPRACTIC NEUROLOGY (2005)
Carrick Institute | Cape Canaveral, FL

HERBAL MEDICINE (1996)
Tates Naturopathic Center | Atlanta, GA

COLD LASER THERAPY (2003)
Erchonia Labs | Mesa, AZ

APPLIED KINESIOLOGY (1991)
Nutri-West Seminars | Atlanta, GA

TEN STEP PROTOCOL TO WELLNESS (2001)
Brimhall Clinic | Mesa, AZ

X-RAY TECHNICIAN (1967)
Memorial Sloan Kettering Hospital | NY, NY

PROFESSIONAL EXPERIENCE

PRIMARY TREATING PHYSICIAN, *East Metro Wellness Center* Conyers, GA 1999 – Present

- Empowered patients to achieve balanced health with creative therapies, diet & lifestyle changes as well as wholistic natural healthcare education & training
- Conceptualized, developed and implemented an innovative technique of combining Cold Laser Therapy with Magnet Therapy in the successful treatment of pain
- Successfully consulted trial attorneys as an expert witness in a number motor vehicle accident settlements

HEALTH EDUCATOR, *Balanced Health Seminars* Atlanta, GA 1999 – Present

- Teaches organizations, schools, groups and individuals how to empower themselves with the knowledge of natural healthcare and how to achieve and maintain balanced health
- Featured as Guest Speaker on a variety of radio and television shows, including Covington’s “What’s Your Story”, Atlanta’s top cable show “InnerViews”, and “The Sandy Sam Show” on Atlanta’s WAEC LOVE 860 AM

CHIROPRACTIC & NUTRITIONAL CONSULTANT, *The Wellness Center* Lilburn, GA 2002 – 2005

- Provided chiropractic, functional neurological therapy and nutritional consultation to other doctors in order to help resolve patients’ health issues
- Spearheaded the creation and implementation of Functional Neurological Therapies to aid in patient care
- Initiated the use of Color and Sound Therapies to successfully break the emotional component attached to physical injuries as well as other health issues

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CONSULTING PHYSICIAN, *Prime Community Healthcare* Atlanta, GA 1997 – 2000

- Provided chiropractic and nutritional consultations to staff physicians
- Initiated a successful Weight-loss Program which resulted in over 150 adults and children making lifestyle changes and achieving long-term weight loss and better health
- Developed and implemented an Individualized Nutritional Protocol to help patients correct their specific nutritional deficiencies resulting in the resolution of many of their health complaints

CHIROPRACTOR, *Dr. Mona Reynolds Chiropractic Clinic* Atlanta, GA 1988 – 1997

- Provided general chiropractic services
- Developed and implemented treatment protocols for personal injury patients which resulted in resolving these patients complaints quicker

EDUCATION

DOCTOR OF CHIROPRACTIC
Life Chiropractic College Marietta, GA Awarded 1988

BACHELOR OF ARTS, PSYCHOLOGY
City University of New York, Herbert H. Lehman College New York, NY Awarded 1974

COMMUNITY-BASED WORK

CONTRIBUTING EDITOR, *Emerging Minds online magazine* Atlanta, GA 2002 - Present

SEMINAR DIRECTOR/SPEAKER, *Manana's Healing House* San Juan, PR 2011 - Present

2010 DOCTOR OF THE YEAR AWARD, *Sisters United in Human Services* Decatur, GA Awarded 2010

PROFESSIONAL ASSOCIATIONS

Georgia Chiropractic Association ————— www.gachiro.org
American Chiropractic Association ————— www.acatoday.org
International College of Applied Kinesiology ————— www.icak.com
Conyers Chamber of Commerce ————— www.conyers-rockdale.com